

[An Ultra Runner's Blog: Socially Awkward?](#)

par Will

Ok, they're taken from last year's Runner's World article on Scott Jurek (the King of Pain), but do these words really describe us **ultra runners**? Ok, I can handle strange--I'll even consider this a complement in a world of plain ...

[An Ultra Runner's Blog - http://runlonger.blogspot.com/ Costa Rica](http://runlonger.blogspot.com/)

par Dan Crockett

Great time meeting a lot of the runners tonight....Canadian team, USA, GB. Meet the remainder tomorrow at opening ceremonies. Everybody is pumped!

[Dan Crockett - Ultra Runner "Passion... - http://dannycrockett.blogspot.com/ Team Men's Fitness: "I cut my balls off because they got in my way"](http://dannycrockett.blogspot.com/)

par Team Men's Fitness Ultrarunning team 2009

Ultrarunners. Forever searching for a harder challenge (aren't we all) 2009/2010 races. Jungle Marathon Ultra Trail Du Mont Blanc Lakeland 50. Namibian 24 hour ultra. Classic Cliffs Highland Coast to Coast. View my complete profile ...

[Team Men's Fitness - http://teammensfitness.blogspot.com/ G' Mornin'](http://teammensfitness.blogspot.com/)

par Ramblin' Renee

Carrie Tollefson is the guest speaker, and club member and **ultrarunner** Brian Woods will also be speaking. I really look forward to seeing my River Runner friends again. It's always a pleasure to see them. Well, I'm going to check out.

[Renee's Ramblings - http://ramblinrenee.blogspot.com/ Ultramarathon Runner Stu Mittleman is Running 12 Marathons in 12](http://ramblinrenee.blogspot.com/) ...

par admin

Recently he was inducted into the American Ultrarunning Hall of Fame citing him as the best-ever all-around American **ultrarunner**. Stu smashed into the ultramarathon world in 1980 when he started winning national-class events in record

[How to Get Faster at Running - http://howtogetfasteratrunning.com/ Wieden + Kennedy](http://howtogetfasteratrunning.com/)

par Bessed.com

The ad features **ultrarunner** Walt Stack, then 80 years old. (www.youtube.com) . 3. 23 Wicked Wieden+Kennedy Creations - Wieden+Kennedy creates everything from advertising to art, and 23 examples of the company's work are showcased here

[Bessed - Best Websites for Just... - http://www.bessed.com/ Random Thoughts on Various Subjects](http://www.bessed.com/)

par Charlie

I had the same thing happen before from the **ultrarunner** crowd when I reviewed the Badwater Ultramarathon DVD. Ironically, I have softened my stance considerably on those folks. I don't think they are that extreme though Badwater is

[Charlie's Blog - http://charliebroadway.blogspot.com/](http://charliebroadway.blogspot.com/)