Extreme **Ultra Runner** : 2011 TDG Trailer
par Daniel Probst
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... in fact, facing those questions and grappling with our own inner angst, we pop a gel, put our heads down, and forge on down the trail with the grit and determination that characterizes just about every **ultrarunner** I know. **...**
AJW's Blog - http://ajwsblog.blogspot.com/ Scotland 2 Sahara – Andrew Murray's Almost Done | Multidays.com
par Abichal
The Scottish **ultrarunner** Andrew Murray, who embarked on an epic journey from John 'o' Groats to Morroco beginning on November the 8th 2010, will be done in 3 days – some 2650 miles later, according to his latest tweet. **...**
Multidays.com - http://multidays.com/ theworldjog.com – blog » Blog Archive » CORTLAND STANDARD **...**
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The 53-year-old Irish **ultrarunner's** route takes him around the globe, onto five continents and through about 35 countries. He said his plan is to cover land kilometer on foot, fly oceans and alter the route when circumstances force him **...**
theworldjog.com - blog - http://www.theworldjog.com/blog/ the world of cherie: Full Moon Hike
par cherie
Being an **ultrarunner**, everyone made me start in the "fast" hiking group, which was a mistake. My asthma flared up almost instantly. I had a hard time enjoying the amazing views because I was too busy wheezing. People were AMAZING - this **...**
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