

[5 Resources for Ultrarunners | iTravelMags.com](#)

par admin

The best thing about this website for **Ultrarunners** in the United States is the long lists of races organized by region. I was disappointed at first to see that the Race Listings page hadn't been updated since last year, but I found 2011

[iTravelMags.com - http://itravelmags.com/ Ironman vs. Ultrarunner](#)

par Tom Craik

This was bouncing around twitter this afternoon and maybe for days before, but I couldn't pass up the opportunity to share it. Thanks Linda and Katie.

[RUN NOW... - http://tomsrunnow.blogspot.com/ Tales of the Trail Goddess: Ultra Runner Vs Triathlete](#)

par Kim

Ultra Runner Vs Triathlete. Okay, Slim left the link to this in the comments from yesterday's post..pretty funny! Posted by Kim at 6:48 AM · Email This BlogThis! Share to Twitter Share to Facebook Share to Google Buzz. 0 comments:

[Tales of the Trail Goddess - http://ultranewby.blogspot.com/ Ultrarunning vs. Triathlons | Club Fat Ass](#)

par Ean Jackson

If you consider yourself to be either a triathlete or an **ultrarunner** please treat yourself to this video. If you've participated in both Ironmans and ultraruns, you must drop with you are doing, get a towel to sit on, and watch this

[Club Fat Ass - http://www.clubfatass.com/ To Raise a Runner « Dorthybitestoto's Blog](#)

par dorthybitestoto

An **ultrarunner**-in-training is gone for very long chunks of time. In addition, there is more gear for someone who will be running at night or for long stretches unsupported, perhaps in a frosty downpour. And if you get past that,

[Dorthybitestoto's Blog - http://dorthybitestoto.wordpress.com/ Rx.: caffeine](#)

par Almine Barton

If you've read "Born To Run," by Christopher McDougall then you are familiar with the concept of the **ultra-runner**. Yes, we see them in our own society. They continue to amaze us with their endurance. However, if you look at tribal

["On The Go With Almine" - http://alminewellness.blogspot.com/ 2010 in Pictures « runningpinoy](#)

par dhenztn

Ultra Runner Running Barefoot at the Ultra. Features + Reviews. The Score with Score Card · 2nd Bataan Death March Ultramarathon 102 · Top 5 Best Places to Run in Metro Manila · The Chronicles of My First Marathon

[runningpinoy - http://runningpinoy.wordpress.com/2008/10/ Craig Thornley » Blog Archive » An Alternative UROY Ranking System](#)

par Craig

Motivation (10); About (1); Where's Waldo (14); Way Too Cool (4); Training (5); MB Training Camp 2009 (6); Newspaper Article (3); Trail work (4); Grand Canyon (2); Ask An **Ultrarunner** (6); Race Directing (5); Obituaries (2)

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[Craig Thornley - http://ix.cs.uoregon.edu/~thornley/](http://ix.cs.uoregon.edu/~thornley/) [Icebreaker GT 200 Sprint Crew Review - FeedTheHabit.com](#)

par Donald Buraglio

Donald is an **ultrarunner**/triathlete in Monterey County, CA. He provides occasional reviews here on FeedTheHabit.com, and is the author of a website featuring gear reviews, photo tours, race reports, training diaries and life lessons,

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[FeedTheHabit.com - http://www.feedthehabit.com/](http://www.feedthehabit.com/) [Trailtrash Down Under: The Q&A last week in Colorado with Krupicka](#)

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par Bernadette

A Canadian **ultra runner** living in Perth, Australia. "If it's not training, it must be recovery."

"Treat the cause, not the effect. Because each running injury has a cause, it follows that the injury can never be cured until the

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[Trailtrash Down Under - http://bernadettedownunder.blogspot.com/](http://bernadettedownunder.blogspot.com/)