

[i'm an **ultrarunner** ...NOT! « run2dmoon](#)

par run2dmoon

let's say i ran 50k and i still feel good and strong, am i an **ultra-runner** already? duh. do we have such low standards? full of pride and excitement to be tagged or recognized as

ultra-runner

. well, it's time to wake up and smell the

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[run2dmoon - http://run2dmoon.wordpress.com/](http://run2dmoon.wordpress.com/) [InStep](#) [Ultra Runner](#) [Jogging Stroller](#) [Red/Gold/LtGray/Dk. Gray](#)

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par wilson253218216

Compare Prices on InStep **Ultra Runner** Jogging Stroller Red/Gold/LtGray/Dk. Gray. Busy parents can stay in shape and bring the little one along. This indoor/ outdoor jogger is at home on the sidewalk, in the park and even in the mall.

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[Kaidens Blog - http://countyroots.com/wilson253218216/](http://countyroots.com/wilson253218216/)
[Phils Thoughts - Mainly on](#)
[Ultra Running](#)

[: First post of the year.](#)

par phil and annas blog

However this Tuesday I read an article posted on a running forum I use by another fellow **Ultra runner**

, he had written about Achilles injuries. Without going into the full details the gist of it was that you don't stop running with a

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[Phils Thoughts - Mainly on Ultra Running - http://phil-annas-world.blogspot.com/](http://phil-annas-world.blogspot.com/) [The training diary of a Highland Runner: Sore calf's](#)

par GaryB

Attempting to go from injury prone runner to **ultra runner** in 5 months. Oops better make that in less than 3 months as I have now entered the D33 ultramarathon :0P. About Me. My Photo.

Gary Bruce: Invergordon, Highlands, United Kingdom

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[The training diary of a Highland Runner - http://garyb-highlandrunner.blogspot.com/](http://garyb-highlandrunner.blogspot.com/) [Becoming Ultra](#)

par Spirit Flower

You might call me an **ultra runner**. I have run ultra marathons. But I consider myself just barely qualified for the designation. I probably never will run 100 miles. But as I have mentioned in the past, I fully intend to figure out how

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[Ultra Monk - http://ultramonk.blogspot.com/](http://ultramonk.blogspot.com/) [How to run 100 miles and succeed at anything | Johnny B. Truant](#)

par Johnny

Ultrarunner Dean Karnazes tells a story in which a friend asked him how anyone could possibly ever run 100 miles. I don't have the exact phrasing here in front of me, but Dean's answer was essentially this: "Start putting one foot in

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[Johnny B. Truant - http://johnnybtruant.com/](http://johnnybtruant.com/) [BC's Jason Louitt Wins Hawaii H.U.R.T. 100 Mile Ultra](#) ...

par admin

For the second straight year an **ultra runner** from BC has won the H.U.R.T Hawaii 100 Mile Ultra. Jason Louitt, an accomplished trail runner and a resident of Squamish, won the event with a time of 22 hours, 27 minutes and 35 seconds.

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[Trainharder.com - http://www.trainharder.com/](http://www.trainharder.com/) [run this amazing day: week 0 in review](#)

par Katie

Then I had to watch some big bad **ultrarunner** guy get the same piriformis and hip flexor treatment that I do and, let me just say this, men are occasionally really big babies. Anyhow, the Egyptian Magician worked on my back for a while

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[run this amazing day - http://runthisamazingday.blogspot.com/](http://runthisamazingday.blogspot.com/) [a moment, something restless: Speaking of Water](#)

par Holly Vipond

I was very happy to see that my heart rate and blood pressure were those of an **ultra runner**. Friday - 15 miles, paved. Sunday - 12.5 miles, paved. Total: 35.9 miles. Posted by Holly Vipond at 2:18 PM · Email This BlogThis!

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[a moment, something restless - http://paradiserunning.blogspot.com/](http://paradiserunning.blogspot.com/) [20 Days to Go](#)

par James Elson

To put that time in perspective, Mike Wardian, probably the best known current **ultra runner** to regularly compete/ win over road marathons and yet have also laid down a number of 'flat' 50 mile times, has PBs of 2:21 in the marathon and

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[Nil Desperandum - James Elson - http://runthroughtime.blogspot.com/](http://runthroughtime.blogspot.com/) [Nate's Blog: First 2 weeks done](#)

par Nate

I am a 27yr old **ultra runner** from Rockingham WA, married to Kate and we have a son called Noah. I run because I have a passion for it and I find freedom in pushing the limits of my ability.

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[Nate's Blog - http://nate83.blogspot.com/](http://nate83.blogspot.com/)